

## Halloween Event and Movie Night

On Friday 1st November, a Halloween celebration was organised by the ISSR student council, for students to enjoy after school. Wearing vibrant disguises and frightening makeup, the students played games and enjoyed a Movie Night after the celebration. Some students, displaying outstanding costumes, won the costume contest. Money was raised for charity and students went home satisfied with their day.

## Yuvan – School Captain





## Sports Hour House Competitions

### KS3 House Competition

Thanks to our 4 junior house captains; Sharlyn, Monineath, Sokunthea and Jenny a well-planned and fun inter-house tournament was organised for the KS 3 students. The captains were well-organised and had everything prepared beforehand. I was very pleased to see how they took the responsibility of organising and leading this event. Well done house captains and congratulations to Angkor Wat and Bayon for sharing the 1<sup>st</sup> place. Below you can read more about how the house captains experienced it and what the students thought of it.

Ms. Claudine

The first junior inter-house competition was held on the 19<sup>th</sup> of November during sports hour. It consisted of four exciting games: boccer (a mixture of handball and football), dodgeball, three-legged race and desert island.

As it was our first time organising an event like this, we had a lot to learn. One thing we could've improved on was getting everyone together and making sure everyone knew where they needed to go. Another aspect of improvement was: explaining the games in more detail and having control over the games. As we were personally friends with some of them, it was rather hard to be in a leadership role and not getting distracted.

Here are some quotes from the students:

*"It was well organized and it was fun"*

*"Desert island was very tiring"*

*"Overall very fun, but I wish there were more different games rather than generic ones"*

*"Good opportunities to get along with others"*

It was rewarding to see the students determined wanting to win each game and showing excellent teamwork. We look forward to future house events!

Monineath, Sharlyn, Sokunthea & Jenny





## KS4/5 House Competition

The key stage 4 and 5 house captains organised a similar inter-house tournament for the older year groups and opted for games they had been playing during sports hour; badminton, basketball, football and ping pong. The students had to divide their players amongst the different activities and played with a smaller of players than normal. It was hard work, but good fun. Team Angkor managed to lead the games and was offered a pizza as first price. A big thank you to Maliz and Felix for preparing and setting up the tournament. And thanks to all four house captains for leading the event!

## ISSR Swimming Gala 2019 – 2020

This year the annual ISSR swimming gala took place on the 8<sup>th</sup> of November at the 25metre pool at primary school. The high school students were put into categories that suited their swim ability, which allowed them to compete against students of the same level. They had been training during the PE lessons and it was a great pleasure to see more than 70 students signed up. Most students chose to swim one race. But there were a few very eager students who competed in the freestyle, breaststroke, backstroke and medley races.

After watching the primary students compete, high school got ready for their races. Even though a few students were quite excited, they performed at a very good level and demonstrated sportsmanship throughout all races. Besides a successful day of swimming the event raised \$492 for the Angkor Hospital for Children and Kantha Bopha. Thank you to ones involved in the fundraising event and thank you to all teachers who helped out. And last but not least; well done to all students who took part in the swimming gala!





## Bon appétit!

The second term (or half term if you start school in September) is always synonym of feast and joyful celebrations in France. Ok, maybe from January to March too... Actually any month is an excuse for a celebration in France and even more so, for a feast. Ask the Year 7 - this term, we studied the French celebrations calendar and with older classes, we practiced the roleplays of the IGCSE speaking exam. Is there any better excuse to go to a French restaurant than following the curriculum and practicing in another environment than in the classroom? Students had to give their feedback afterwards. Here are shortened versions of their reviews:

'Vendredi dernier, nous sommes allés au restaurant qui s'appelle La Cabane. Je suis allée avec ma prof de français, les classes de la cinquième à la seconde et notre assistante. J'ai partagé des profiteroles en dessert avec mes amies Kalyane et Charlène. C'était succulent. L'ambiance était calme et je pense que le restaurant était assez chic. Le service était bon et la serveuse a parlé français avec nous. Je voudrais retourner là-bas et le conseiller à tout le monde!' Chavelli, Year 10

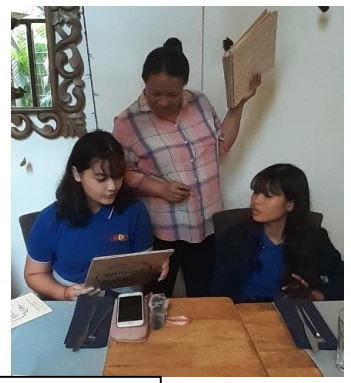


'La semaine dernière, je suis allée dans un restaurant français. A mon avis, c'était très intéressant et fascinant parce que je ne mange pas souvent de la nourriture française, donc c'était une bonne expérience pour moi. Dès le moment où je suis entrée, le restaurant sentait vraiment bon. Ça sentait comme de la pizza ou des spaghettis. J'avais très faim après ça. J'ai mangé des gyozas aux épinards pour mon plat principal (mais c'était une entrée) et pour le dessert, j'ai commandé de la crème brûlée. Les gyozas étaient très petits pour moi alors, heureusement que j'avais un dessert aussi. J'ai vraiment aimé le repas. C'était une bonne excursion et je voudrais y retourner si possible.' Charlène, Year 9

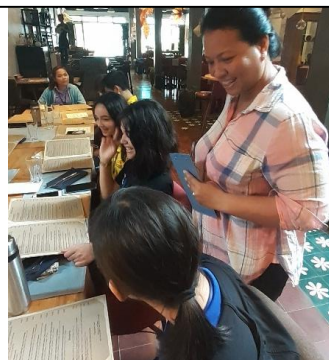
'On Friday, 1<sup>st</sup> November, the French classes from Year 8 to 11 went to La Cabane restaurant. There, they had a good variety of food from starters to main dishes as well as drinks. They had a small but nice sounding menu of desserts. The meal that I chose was pork chops with fries *à la française* with Provencal herbs and a delicious homemade mayonnaise and it was so great, I would say that it was the best pork that I have ever had. All the food that everyone else ordered looked good as well. The restaurant was very fancy on the inside and the food suited that. I would recommend going there if you want to have a classy meal with a high budget that you are willing to spend there.' Isaac, Year 9

'It was really nice there; as soon as we stepped in, it smelled like a steak house to me. We ordered in French and I was nervous at first but it was very easy. The menu had a lot of French food, it was quite expensive but the food was worth it; it was really delicious. The dessert was also really good. Overall, the restaurant is very nice and the food is amazing.' Yukino, Year 8

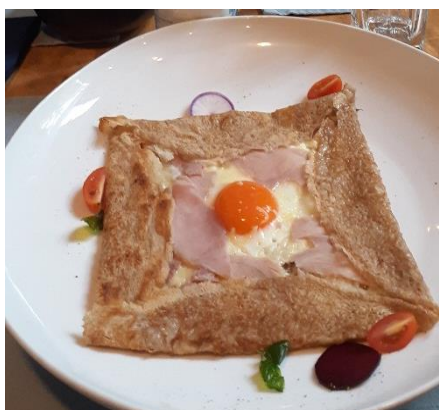
'The restaurant was great, and the food was amazing. It also shows how much the French culture is expanding, not only throughout Europe but in other parts of the world. The owners were very kind and caring. The atmosphere at the restaurant was relaxing, everyone was having a good time. The overall experience was great, it taught us how to order our food in French and socialise.' Maiya, Year 8



We all had a go at ordering, asking for the bill and paying in French.







Simple yet delicious crêpe.



Some complimentary macarons.



Ms. Aurore was not the only one who would have preferred Isaac's dish.

## Humanities Year 7: Wheelchair basketball

One of the humanities topics this term was 'Disabilities'. We studied different types of disabilities like autism, visual and hearing impairments, intellectual and physical disabilities. One of the aims was to create awareness and understand what it means to live with a disability.

Last month, we had some visitors from the NGO Soulcial Trust. They told us about the XLability project and shared some statistics about Cambodia. Did you know that only 10% of the children with a disability attend school? The objective of Soulcial Trust is 'to help raise awareness about the needs of people with disability'. They believe that a combination of sport and education will support people being a part of society. They have a sports programme that includes blind-football, wheelchair basketball, touch rugby or dance with children with autism.

On the 15<sup>th</sup> November it was time to repay their visit. We went to the ICF sports campus to play wheelchair basketball. We listened to the life story of one of the staff members Bell, he told us how he lost a leg when he was only 7 years old, by stepping on a landmine. His story left a great impression on all students. Even though he has had many setbacks in life, he was determined to go to school and find ways to support himself.

While half of the group was listening to the story, the other group sat down in their wheelchairs and practiced how to maneuver the wheelchair around: how to break, make sharp turns and speed up. Without holding a ball first - this was challenging enough. After that, the students had to try to shoot some hoops. They quickly learned that it's really hard to shoot the basketball from a sitting position, without being able to use their leg muscles.

Too soon, it was time to go back to school. Everyone agreed that I was a very inspiring afternoon.

[www.soulcialtrust.org](http://www.soulcialtrust.org)



## KS3 Science: who said science cannot be fun?

During the second term of the school year, all KS3 classes have started learning physics through practical activities and projects. Year 7 have learnt about energy and energy transfers. This practical activity was focused on understanding the relationship between gravitation potential energy and kinetic energy. We did it by playing with ping pong balls and meter rulers! Year 8 studied light. The students played with torches to apply three main concepts: the difference between luminous and non-luminous sources, the difference between transparent and opaque objects and how shadows are formed. Shadow play! Year 9 focused on electricity. After rubbing a balloon on our hair and have it stuck on the wall (like magic, but not really!), the students produced leaflets explaining what static electricity is and outlining some of its uses and some of its dangers. Well done everybody and keep up the good work!

Ms. Giulia



## Key Dates

Dec 2-6	End of Semester Examinations (Y12-13)
Dec 13	End of Semester Report Issued (Y7-13)
Dec 17-18	Parent Meetings
Dec 20	Christmas Show. End of Semester 1



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